

# Middle School

## After School Program

### Grades 5 & 6



# Middle School After School Program

January to May 2017

Grades 5 & 6

Dear Middle School Families,

Attached to this letter you will find our schedule and a description of the activities offered in our middle school after school program this term.

The middle school program is designed a little differently than the elementary program – **families may enroll in the middle school program for \$75 per month (or \$45 for those qualifying for free/ reduced lunch), and have access to ALL activities offered in the program.** Thus, you do not need to enroll in particular clubs/ teams.

Please use our online payment website ([www.cmi.mybigcommerce.com](http://www.cmi.mybigcommerce.com)) to pay for after school on a monthly basis. Once students are enrolled in the after school program, they will have the opportunity to select their own activities for each day of the week. A student enrolled in the program is welcome to stay every day, or come for only select activities. We ask the students to think carefully about their selections and make a commitment to an activity or team that they will see through each week.

Please read [our revised payments policy](#) and note that **families with outstanding balances for school services will not be permitted to enroll in middle school after school program.** If you have an outstanding balance or may be unable to pay the monthly fee, please contact the school immediately.

We have developed the following schedule based on surveys and interviews with current student participants in our middle school after school program. The program seeks to be responsive to student interests, giving our oldest students the opportunity to exercise leadership and self-direction, and develop their interests and talents. This program is new and evolving; if you or your student has feedback about the after school program, please share it with Hannah Reed in person or via email at [hannah.reed@creativemindspcs.org](mailto:hannah.reed@creativemindspcs.org).

Finally, a note about start times: because we share the gym with all the early childhood and elementary school athletic clubs, our middle school team practices (for basketball and other sports) will start after these clubs finish, at 4:45. Until that time, students have a snack, do homework, and socialize in a supervised environment. If the weather permits, they also go outside. All other activities will begin immediately after school at 4:00 p.m.

All students must be picked up by 6:00 p.m. If you wish to grant your middle schooler permission to sign him or herself out to walk or take the bus home, please send an email to the school authorizing this.

We look forward to another great semester with our middle school students!

# Middle School After School Offerings

## **Mondays:**

**Step Team** (Coached by Ms. Shay McDuffie) 4:00 - 5:00 p.m.

Stepping is a form of percussive dance in which the participant's entire body is used as an instrument to produce complex rhythms and sounds through a mixture of footsteps, spoken word, and hand claps. Step club focuses on sharing the art of step and learning about togetherness. Students in the club learn routines, create shows, and work on basic music editing techniques. Students of all abilities and levels of experience are welcome to join our Middle School Step Team!

**Athletics Club** (Coached by Mr. Josh) 4:45 - 5:45 p.m.

The athletics club will explore multiple team and individual sports that may be brand-new to participants, including volleyball, tennis, track & field, and ultimate frisbee. Students will have the opportunity to develop a basic understanding of each sport while working on their gross motor skills.

## **Tuesdays:**

**Basketball Team** (Coached by Mr. Josh) 4:45 - 5:45

The basketball team will practice on Tuesdays and Thursdays from 4:45 - 5:45. Students will develop their fundamentals (dribbling, passing, rebounding, and defense), while learning the strategy and discipline of team play. Our hope is to schedule scrimmages for late winter/early spring to give our basketball team the opportunity to play competitively against other teams.

**Hip Hop Dance Class** (Led by Ms. Z of the Capitol Movement Dance Company) 4:00 - 5:00

In this club, students will work on different rhythms and forms of hip hop dance. Basic choreography will be taught and students will also have the chance to free-style and develop their own creative movement. The class will also help students build self-confidence and motivate them to achieve and improve.

**Band** (Led by Ms. Prado) 4:00 - 5:00

The Middle School Band practices on Tuesdays and Thursdays. Students will learn not only how to read the music notes and produce rhythms and songs, but also how to participate in a responsible way, respecting and valuing the contributions of their fellow band members, and communicating through the international language of Music! In Band club, students learn to:

- ▶ Recognize the elements of the music theory
- ▶ Develop technical skills that allow students play the instruments
- ▶ Play a varied repertoire that includes music pieces from around the world
- ▶ Learn how to take care of the instruments
- ▶ Develop motivation for continued musical achievement

## Wednesdays:

**Robotics Team Practice** (Led by Mr. Peng) 4:00 - 5:00

Our Robotics team (ROBO SQUAD) will continue to work on the same VEX IQ challenge that we began in the fall, as the competitive season picks up in winter/ spring. Our team will work on building, programming, and driving the bots in preparation for the competitions. The team will participate in at least three more competitive qualifying events this winter: 1/7 (here, at CMI), 1/28 (Brightwood E.C.), and 2/11 (TBD). More info about competitions will be sent directly to families of ROBO SQUAD participants.

**Cooking Club** (Led by Ms. Ornella Napolitano) 4:00 - 5:00

Cooking club will aim to teach students about basic cooking terminology, utensils, measurements, ingredients and recipes through hands-on experience. Students will also learn to prepare a few easy recipes from around the world. \*\*Please note that this club is meant for a small group of students at a time (so that all participants can be actively engaged in preparing recipes). If we have a big group of students sign up, we may end up having students rotate through 4 - 6 week sessions of cooking club. This will be communicated to families directly.

## Thursdays:

**Basketball Team Practice** (see description above) 4:45 - 5:45

**Band** (see description above) 4:00 - 5:00

**Film Club** (Led by Ms. Lassus) 4:00 - 6:00

Join the CMI Cinema Club to watch classic films with fellow movie buffs. In this club we will watch one movie each week to learn about different themes and movements in cinema history and discuss what we've learned over a bag of popcorn... Families of enrolled students will receive a permission slip describing the movies that club participants will view. All participating students must have a signed permission slip prior to club starting.

## **Fridays:**

**Step Team** (see description above) 4:00 - 5:00

**Athletics Club** (see description above) 4:45 - 5:45